

515-1385 BANK ST. OTTAWA, ON K1H 8N4

(T) 613 523 4444 (F) 613 523 6444

1. Consultation not required, Pulmonary Function Testing as indicated below:

OR

2. Please see this patient in Consultation/Follow up and perform Pulmonary Function Tests as indicated below. Please attach all relevant test results.

PATIENT NAME: _____ DOB (d/m/y): _____
 OHIP: _____ VERSION CODE: _____
 HOME Phone# _____ DAY Phone# _____

Reason for Test/Consult:
Smoking Status:

**** NOTE: Pt must be 18 years or older for a consultation with our Respirologists.****

- RESPIROLOGY CONSULT/FOLLOW UP+PFT **Dr. T. Keays**
- RESPIROLOGY CONSULT/FOLLOW UP+PFT **Dr. J. Block**
- RESPIROLOGY CONSULT/FOLLOW UP+PFT **Dr. M. Marovac**
- RESPIROLOGY CONSULT/FOLLOW UP+PFT **Dr. O. Kify**
- RESPIROLOGY CONSULT/FOLLOW UP+PFT **Dr. B.Wong**
- First Available** RESPIROLOGY CONSULT/FOLLOW UP+PFT

- 1. Full Pulmonary Function Test (Instructions 1-3 pg. 2)
- 2. Spirometry Pre and Post Bronchodilator (Instructions 1-3 pg. 2)
- 3. Diffusion Capacity/Lung Volumes
- 4. 6 Minute Walk Test with SpO2
- 5. Single Blind 6 Minute Walk Test for Oxygen Funding
- 6. Methacholine Challenge Test (Instructions 5 pg. 3)
- 7. Exhaled Nitric Oxide Test: Supports clinical decisions when diagnosing, treating, and monitoring patients with asthma. Also serves as an objective reference to recognize loss of control with anti-inflammatory medication. (Instructions 4 pg. 2)

A Payment of \$75.00 is due upon completion of the test. Cash Only

Physician Signature _____ FAX# _____ TEL# _____

Doctor's Name and Billing Number _____

Physician's Stamp

INSTRUCTIONS

1. SHORT ACTING BRONCHODILATORS ie:

Ventolin, Bricanyl HOLD 8 hours prior for PFT, Spirometry
Atrovent HOLD 24 hours prior for PFT, Spirometry

2. LONG ACTING BRONCHODILATORS ie:

Serevent, Oxeze, Spiriva HOLD 48 hours prior for PFT, Spirometry

3. COMBINATION INHALERS ie:

Advair, Symbicort, Zenhale HOLD 48 hours prior to PFT, Spirometry

4. EXHALED NITRIC OXIDE TEST INSTRUCTIONS:

- Do not eat, drink, or smoke for 1 hour before the test
- Do not drink alcohol for 12 hours before the test
- Inhalers should be taken according to your physician's request
- Hold daily dose of prednisone until after the test
- Reschedule if you have any cold or flu-like symptoms or are on antibiotics
- Do not exercise for 1 hour before the test

+ A Payment of \$75.00 is due upon completion of the Exhaled Nitric Oxide Test. Cash Only.

5. METHACHOLINE CHALLENGE TEST INSTRUCTIONS:

- You should withhold Ventolin, and Bricanyl for 8 hours and Atrovent for 24 hours prior to testing (unless it is medically necessary). Serevent, Oxeze, and Spiriva 48 hours, your physician may ask you to withhold Spiriva for one week prior.
- Flovent, Alvesco, Pulmicort, Qvar, Advair, Symbicort, and Zenhale for 2 weeks prior to testing or as instructed by your doctor.
- Do not take Singular for 24 hours prior to test
- No cold or allergy medications 3 days prior to the test.
- If you are taking Metoprolol or Atenolol, Propranolol or Bisoprolol, please take after the test.
- No smoking or caffeine day of test
- You must be clear of respiratory infection for 1 week before testing. Meaning, we will rebook your appointment if you are producing coloured sputum and/or on antibiotics